

~ INTRODUCING ~



AND BOOK ONE

Spirit of the Crystal
Land of Light & Enlightenment



By:

Donna J. Setterlund

Looking
at the world in
a different light!





Land of Light & Enlightenment

Introducing

Spirit of the Crystal

Concept ~ Stories ~ Illustrations

By

Donna J. Setterlund



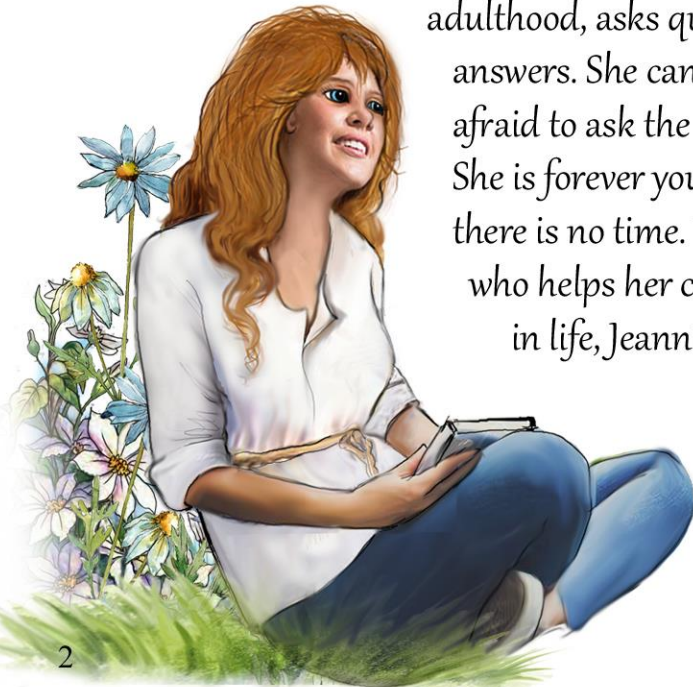
25 Year Proof of Concept ~ OVERVIEW: Coping With Life

It is not escaping from reality. It is learning to cope with reality. She lived in loneliness, and isolation with no one to talk with about her frustrations. Needing a way to find answers and self cope, she created a safe place, and friends to talk with. It came from her heart and became a tool for coping with life's stress. She did it for herself because she had questions that needed to be asked. She needed a voice. "Jeannie" became her voice.

ZONTORIA became a place to explore methods for learning how to speak, and ask questions. It is clever, fun, and non-threatening. It offers ideas to find information, and resolve issues. It is unique. It is fare and different. It is light and enlightenment. The charm is of doing it honestly, out of a personal need. She wanted to help herself and discovered much more. The proof is it helps her self cope and reaches past her life into the lives of others. The great part is, it works, and she will continue doing it. It is "Coping With Life." Who is she? She is Donna J. Setterlund, the author, illustrator, and creative imagineer of the Zontoria Collection.

Who is Jeannie?

Jeannie is creativity, imagination, and dreams. She is opportunities, possibilities, happiness and hope. She is cute and simple, revisits childhood, explores adulthood, asks questions, researches solutions, and finds answers. She can go anywhere, do anything and isn't afraid to ask the hard questions to find answers. She is forever young and lives in a world where there is no time. In reality Jeannie is Donna's younger self, who helps her cope with life. When things get really hard in life, Jeannie explores ways to find information, and discover solutions to problems.



Zontoria ~ Coping with Life

When time is mixed, legend and folklore intertwine with hope, where history and real-world science touch, when common sense gives way to empathy for common good, and where the spirit in each of us is teased to the surface to change our very existence and path. Here is Zontoria, where magic is logical, and we learn to cope with our fears. In our worlds of the increasing complexity of sameness, Zontoria is that simple world of fantasy that never disappoints those with an insatiable appetite for learning to cope with life. In short, Zontoria is different for everyone but positive for everyone. This is a world, which is deceptively simple and clean but truly singular and remarkable in its self-coping lessons. Zontoria exists to fill a need in youth (of all ages) to bask in the opposite of the fantasy trends of today and to lose themselves in a kind alternative universe, where magic is not deception but rather in its appropriate and positively rightful place as a best play of hope in the heart.

Books

Quality Family Content





Book I ~ “Spirit of the Crystal”

[Spirit of the Crystal is the first in a series of adventures, which take place in the land of Zontoria.] Jeannie a teen dealing with the adolescent pressures for eventually becoming an independent adult, creates a fantasy world of escape, but learns that even in a make-believe world, there are life adversities, challenges and personal tests. Becoming an independent individual, in spite of the trials of growing up, brings hardships and friends that change the real world through endless fantasy that treasure human emotions. By sharing lessons and experience in stories and situations that relate directly to their own immediate lives, or their most personal wish fantasies, we can kindle awareness to make life more fulfilling. The audience, of any age, will find something of themselves here and feel a connection with the characters and situations because it reflects real life, with main characters from many age groups, cultures, and diversities, and is a fantasy world of imagination where magic is logical.

Through The Story:

In a novel way this first story deals with the dilemma of acute youth frustration and the attempt to solve their problems with imagined worlds, emerging a story born from the depths of that crushing and demoralizing frustration of being young.

Why This Matters to Us All:

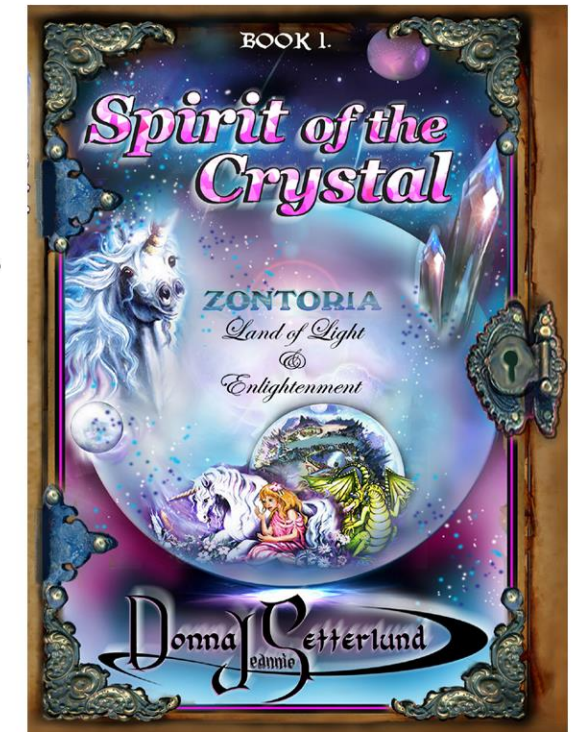
Youth struggling through adolescence is a universal challenge for families, parents, and anyone close enough to become part of the story. Most experience the same series of problems. Few get through the issues without permanent injury to their psyche. With additional stress factors like divorce or having a new stepparent thrown into the mix, many young people become disillusioned, distressed, distant and dysfunctional. Most become difficult to communicate with and find themselves at odds with everything their family does – making these times extraordinarily difficult for these young people and for those around them. These youth need help and traditionally become further alienated: the longer the answers and questions remain unclear. In their worlds, they have few options to address and to relate to which will help reduce their anguish.



SPIRIT OF THE CRYSTAL

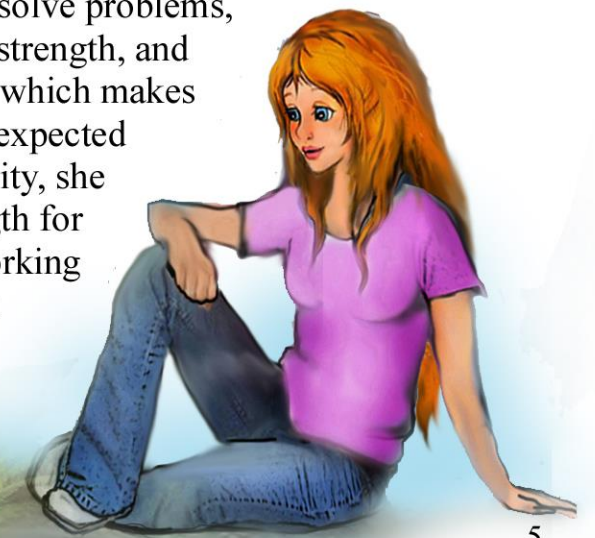
This Story:

Features a young woman frustrated with almost everything about her oppressive, boring life in her small town. Feeling alone, left out, and mistreated, she wishes for a place where she can do anything she wants without parental rules. Questioning life, confused and wondering, she finds herself in an amazing land, only to discover that even in a world of her own making, there are still questions, challenges, and life changing choices made for anyone not just trying to escape from their life’s pressures but rather attempting to cope with those fears, heartaches and challenges.



In this world her search for answers leads her into unique communities, where new friends share their stories of emotional hardship, conquest, and things that are considered unusual even in this strange land.

Each encounter gives her useful information, and offers a new perspective for coping with life and for relying on one’s self to get through. Having much to learn, she can not go home until finishing her adventure of personal growth and discovery. It was important for her to learn, there are consequences for everything we do, and some choices can not be undone. As she explores this unique land, with her new friends, she helps resolve problems, finds answers to questions, discovers personal strength, and takes home a different outlook on her own life which makes her a better and more resilient person. Having expected simply an escape from her unfortunate life reality, she ultimately actually discovers her inner strength for uncovering personal questions and then working to answer them, as she navigates through her real life.



ZONTORIA's Northland

There are four lands
in the world of
Zontoria
and a lot
of unknown possibilities.

ZONTORIA's Eastland

BOOK 2
STAR RIDERS takes place in the
EASTLAND, where time, technology
and the past are all mixed together.

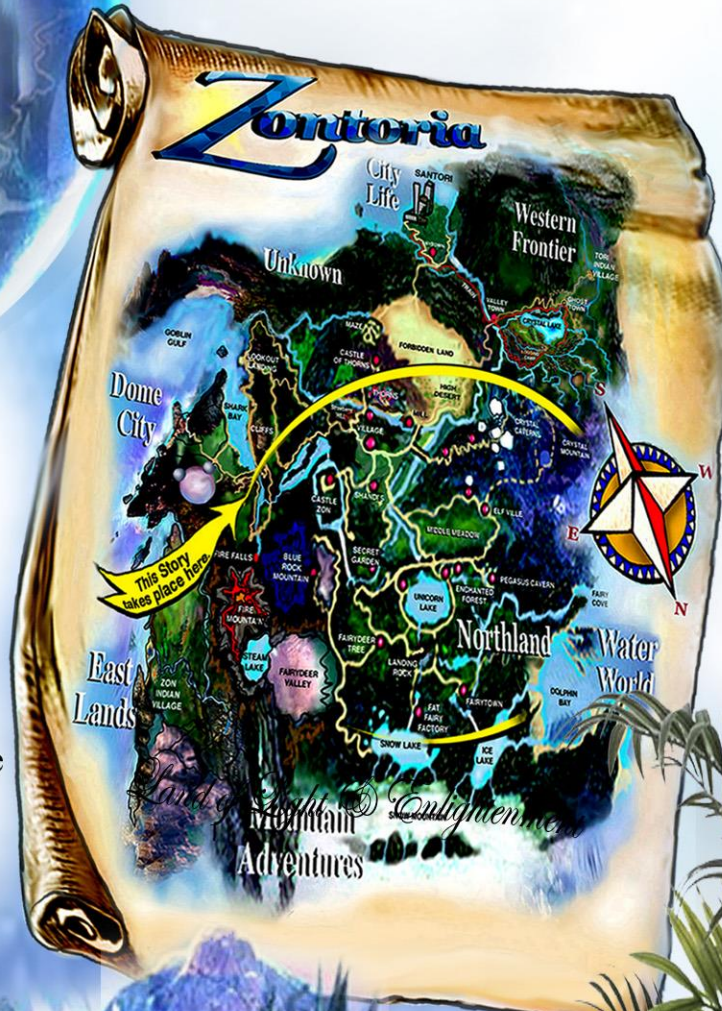
ZONTORIA's Westland

BOOK 1
Spirit of the Crystal takes place
in the NORTHLAND. It is a
place filled with magical talking
creatures of fantasy and
make-believe. Fairies, elves,
dragons, unicorns and pegasus,
all have families, friends and have
situations much like what we live
in our real world every day.

BOOK 3
Water's Breath
takes place in the
WESTLAND. Legend,
old west, a ghost town,
and new beginnings
offer a twist.

BOOK 4
Destiny's Eye
takes place in
SOUTHLAND. The Future, big
city, hopes and
dreams, await
the travelers.

ZONTORIA's Southland



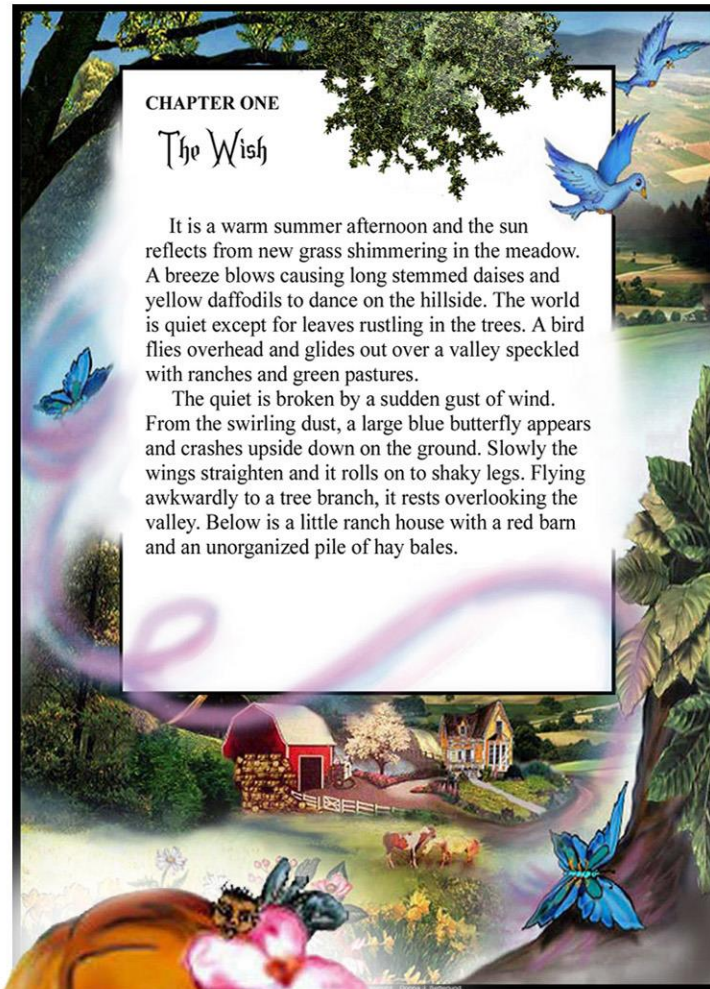
Spirit of the Crystal

~ Chapter One ~

The Wish

Introduction

Jeannie, a frustrated teenage girl makes a youthful wish on a magic crystal ball and is transported to the World of Zontoria. It is a strange place where wishes come true and everything is possible. Jeannie is welcomed by Shateen and Shareeba who escort her on her journey. The first stop is in Fairy Town, where she stays the night with Faleen, Princess of the Fairies. Her first day is spent meeting new friends and hearing stories about their lives with all the problems and challenges, which are not much different from her own.



CHAPTER ONE

The Wish

It is a warm summer afternoon and the sun reflects from new grass shimmering in the meadow. A breeze blows causing long stemmed daises and yellow daffodils to dance on the hillside. The world is quiet except for leaves rustling in the trees. A bird flies overhead and glides out over a valley speckled with ranches and green pastures.

The quiet is broken by a sudden gust of wind. From the swirling dust, a large blue butterfly appears and crashes upside down on the ground. Slowly the wings straighten and it rolls on to shaky legs. Flying awkwardly to a tree branch, it rests overlooking the valley. Below is a little ranch house with a red barn and an unorganized pile of hay bales.



COLOR YOUR OWN PICTURE.

(Attached in BONUS Section)



Jeannie makes a wish on the magic crystal ball.



Wikie

Faleen

Shateen

Shareeba

Dandy

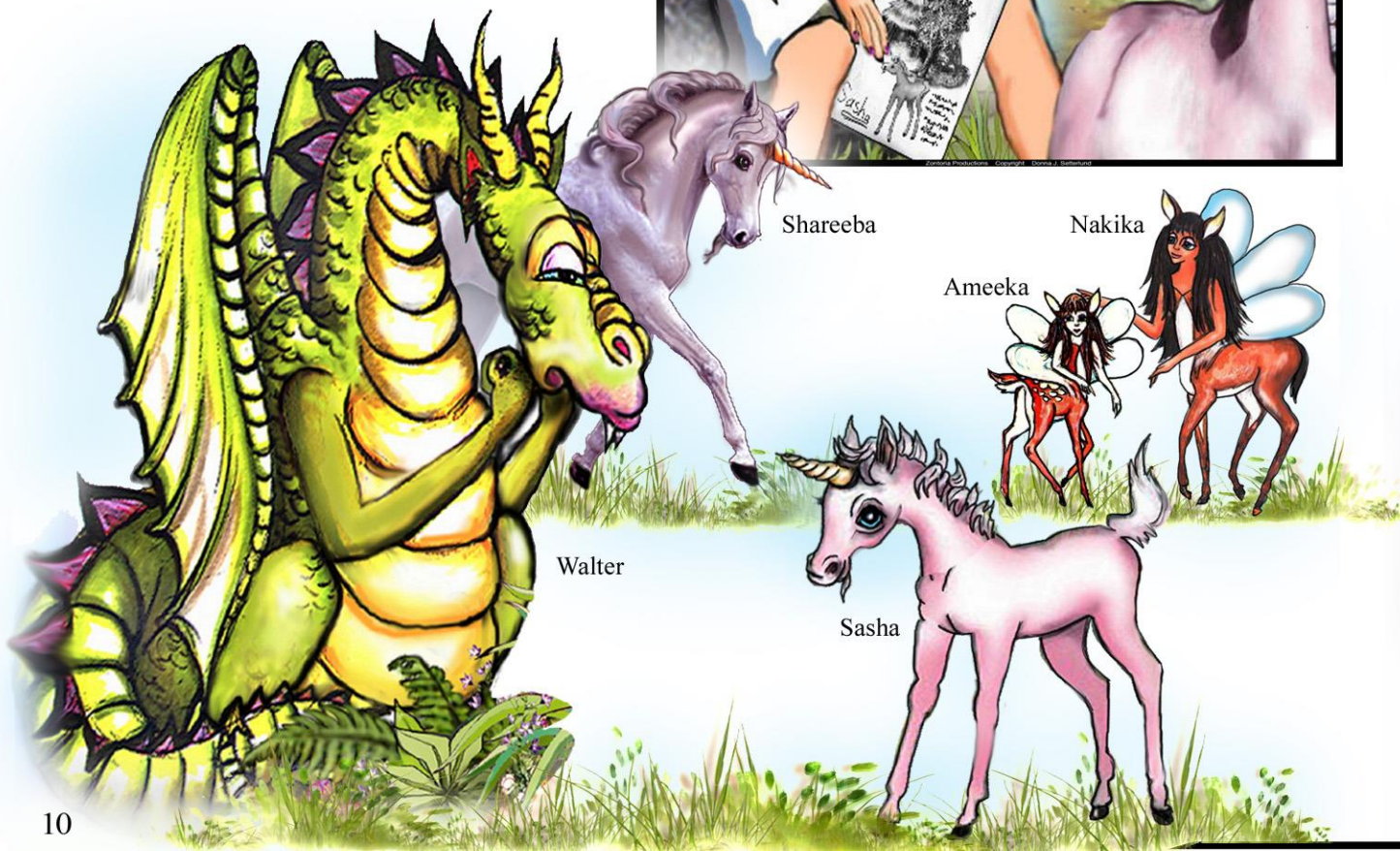
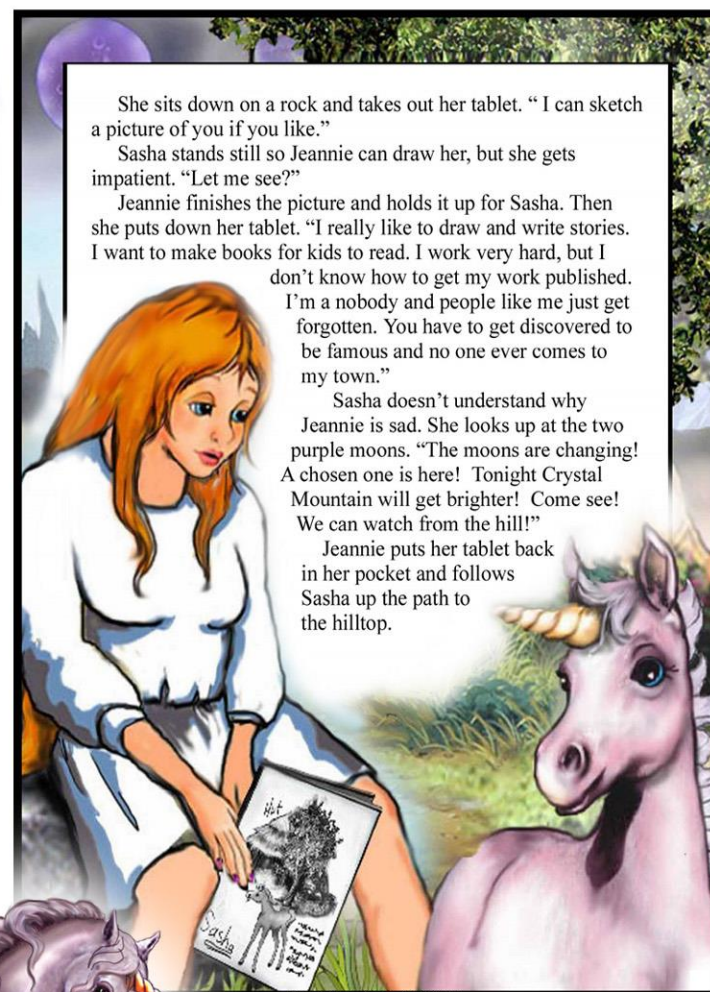
Jeannie

Shoefly



~ Chapter Two ~
A Most Unusual Place

Jeannie meets the gentle Green Valley Dragons, the Fairydeer, Shareeba's daughter Sasha and the Pegasus family. Spending the night with Sasha brings emotions and experiences that she has trouble understanding. Shareeba tries to explain how much she loves her mate Sazar and even with death, love has no boundaries of space or time.



COLOR YOUR OWN PICTURE.
(Attached in BONUS Section)



Jeannie spends the day at the Dragon's Den and hears the story of how Walter was raised by Princess Lanae.

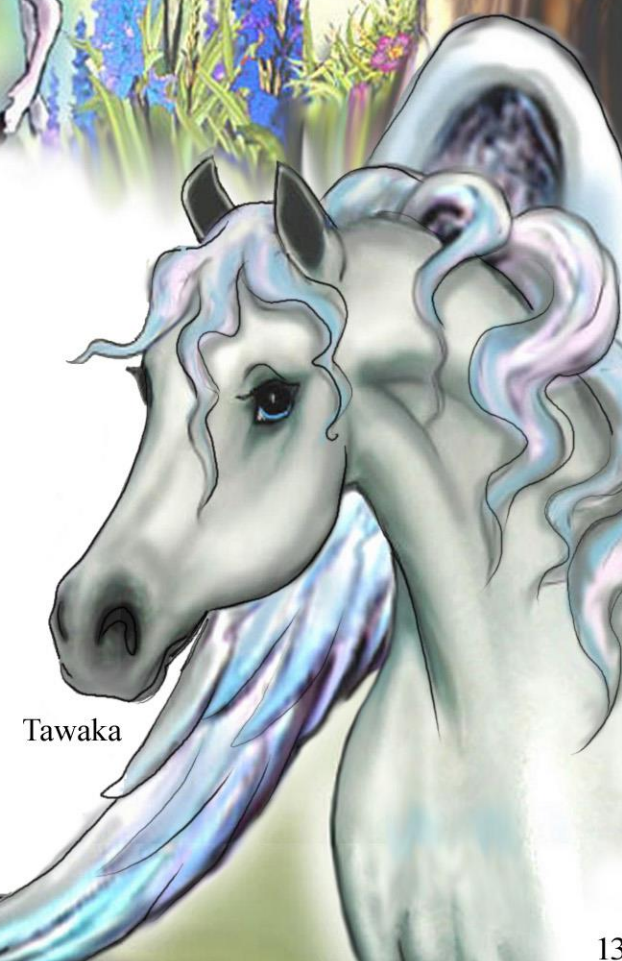
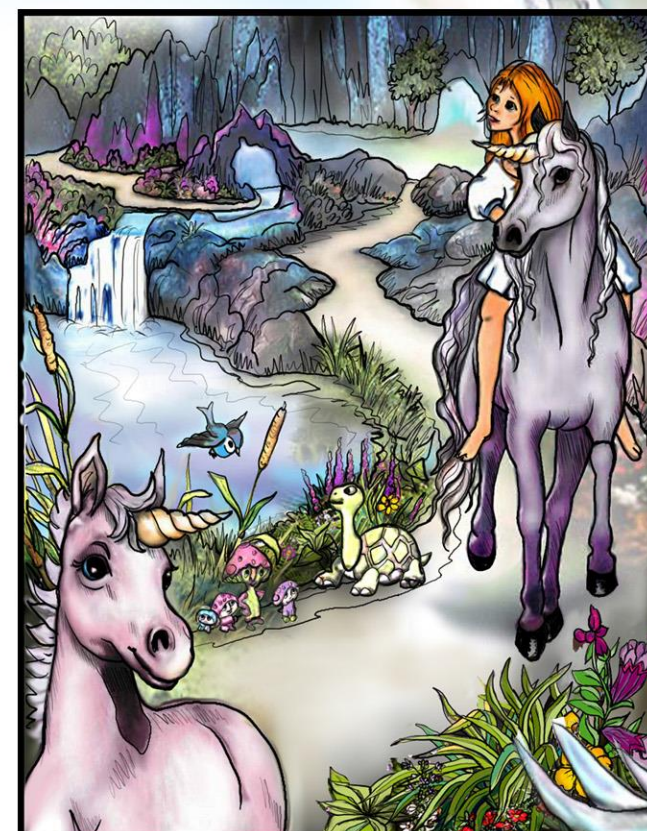
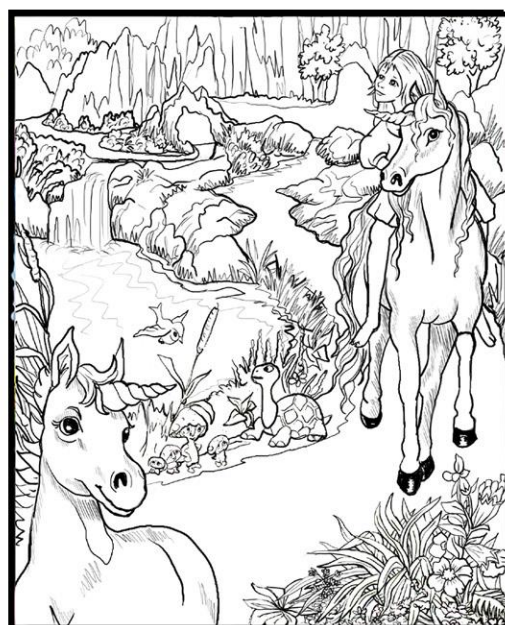
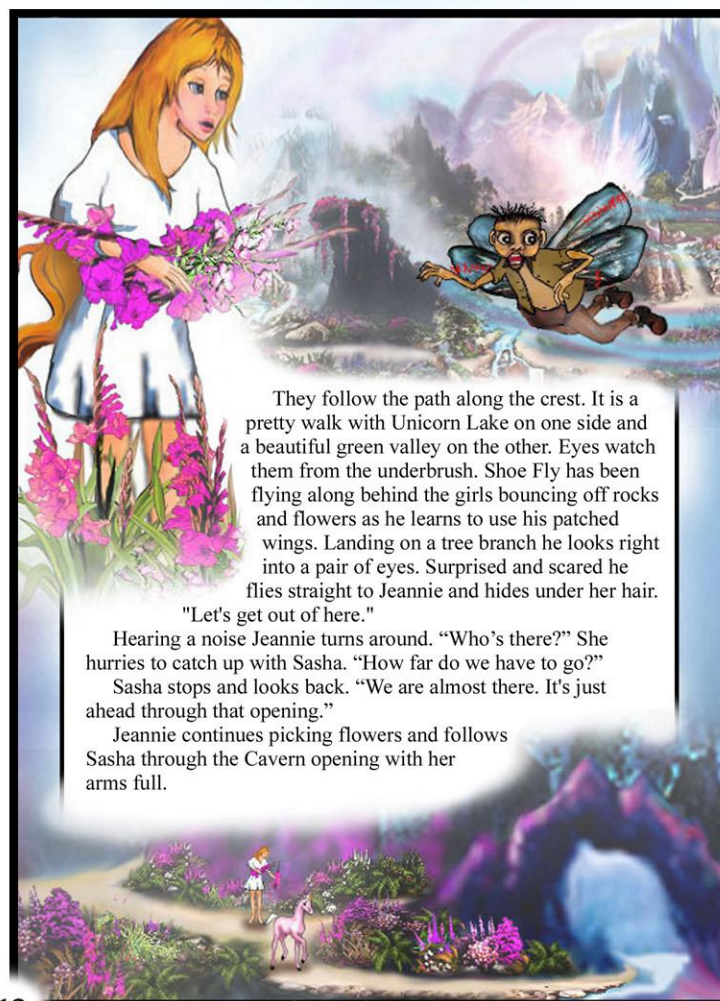


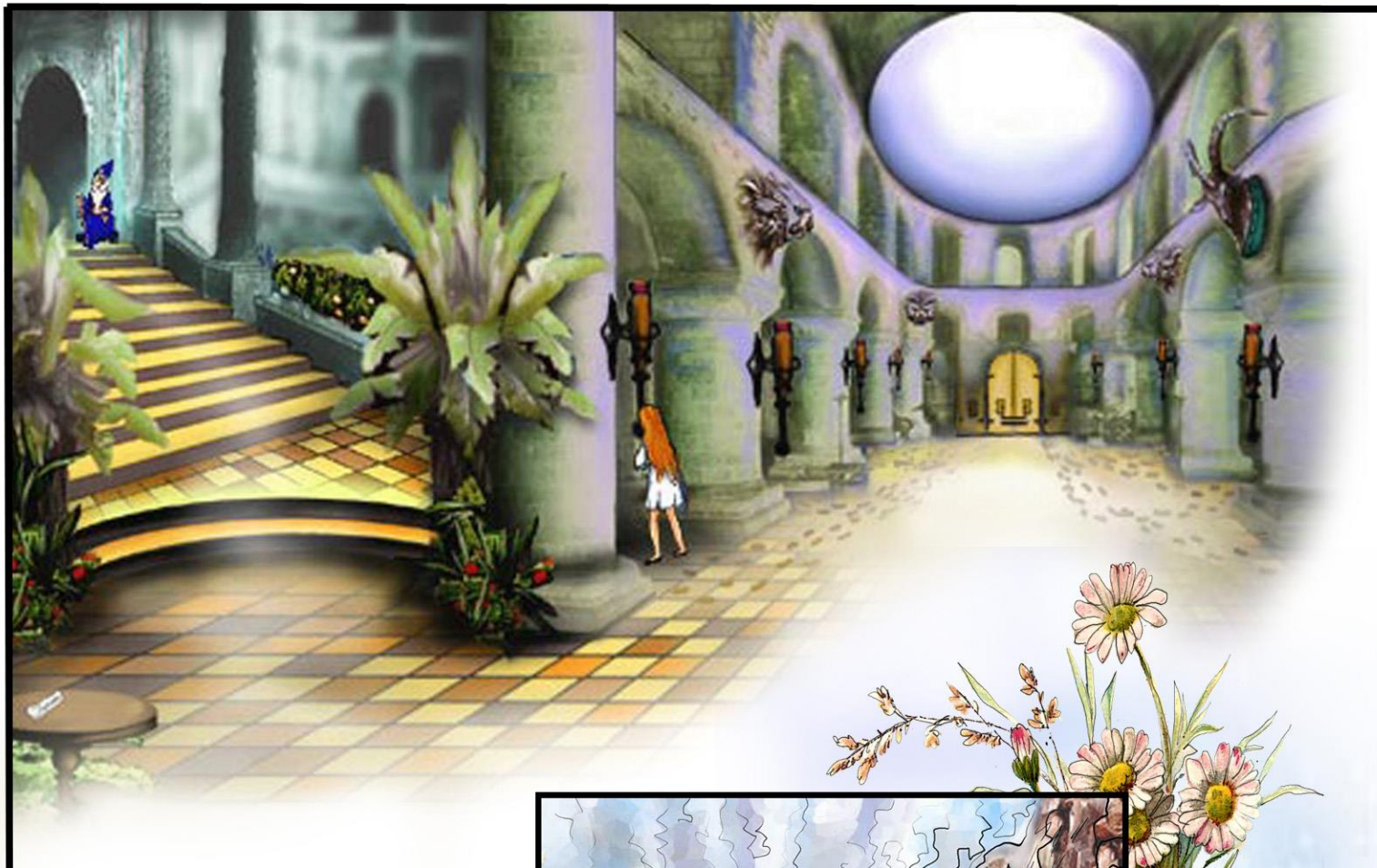


~ Chapter Three ~ *A Strange Situation*

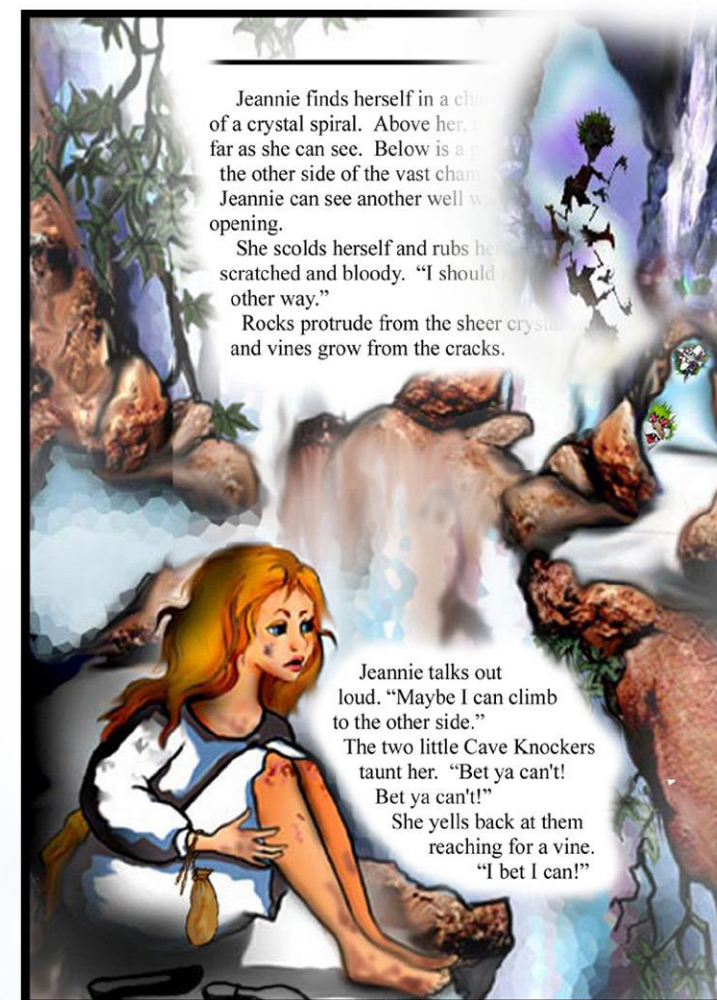
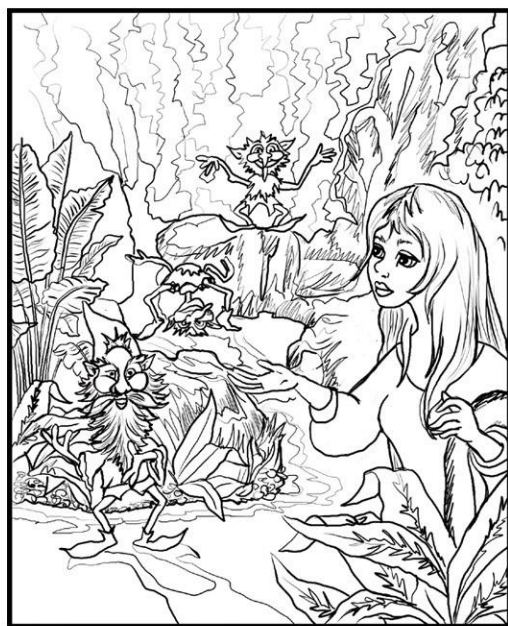
Jeannie spends the morning meeting those who live around Unicorn Lake, the Pegasus family and Gus a pony. Then she heads for the next destination on her journey of exploring Zontoria.

COLOR YOUR OWN PICTURE.
(Attached in BONUS Section)





COLOR YOUR OWN PICTURE.
(Attached in BONUS Section)



Jeannie finds herself in a cave of a crystal spiral. Above her, as far as she can see. Below is a path to the other side of the vast chamber. Jeannie can see another well with an opening.

She scolds herself and rubs her head, which is scratched and bloody. "I should find another way."

Rocks protrude from the sheer crystal walls and vines grow from the cracks.

Jeannie talks out loud. "Maybe I can climb to the other side."
The two little Cave Knockers taunt her. "Bet ya can't! Bet ya can't!"
She yells back at them reaching for a vine. "I bet I can!"



Borge

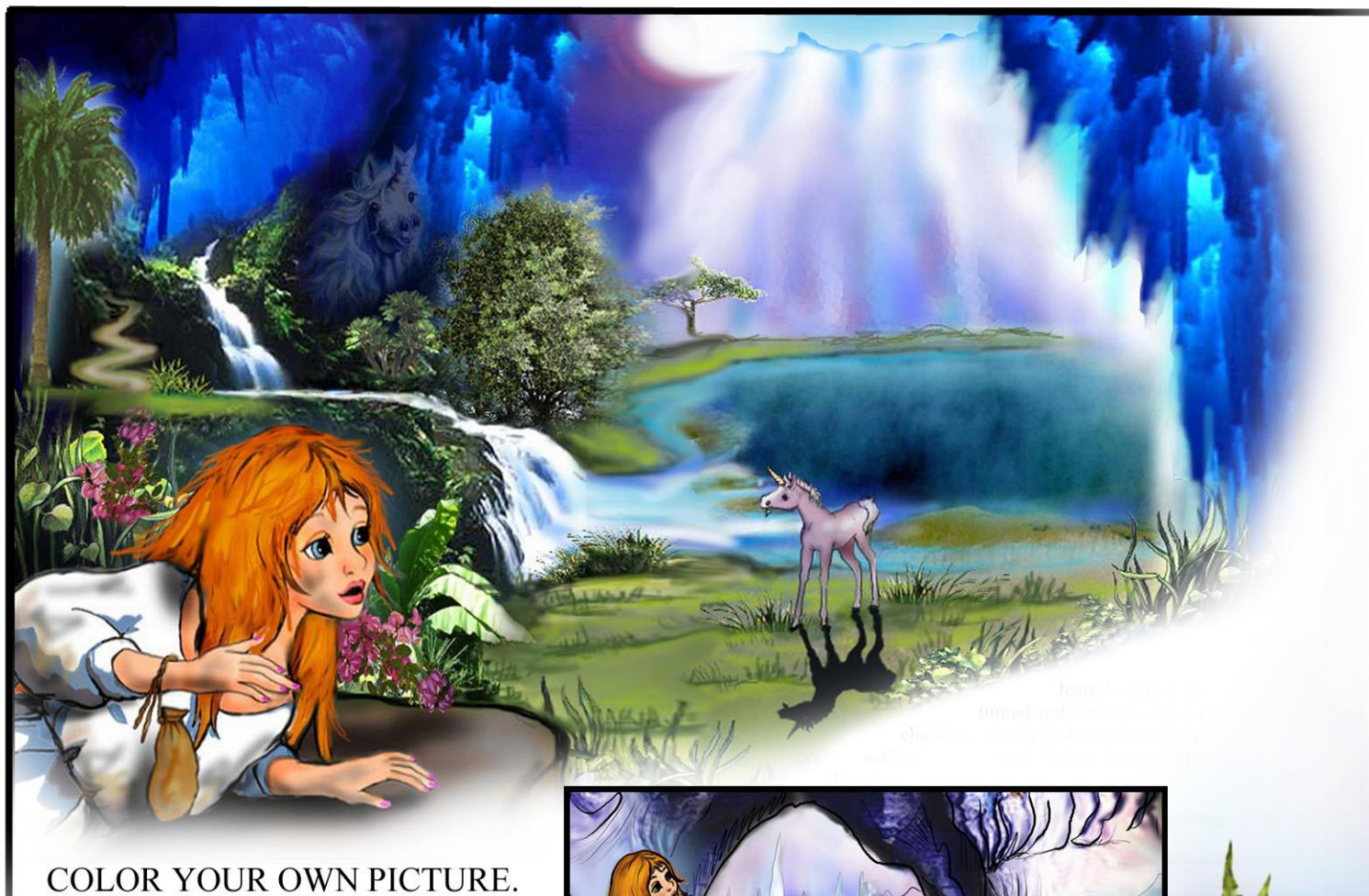


~ Chapter Six ~ *Lost And Confused*

Jeannie makes a decision to find the Spirit of the Crystal by herself and tries to figure out the pieces of the puzzle. While in the Crystal Caverns she encounters three unique little men who

tease her, yet finally assist in her search.



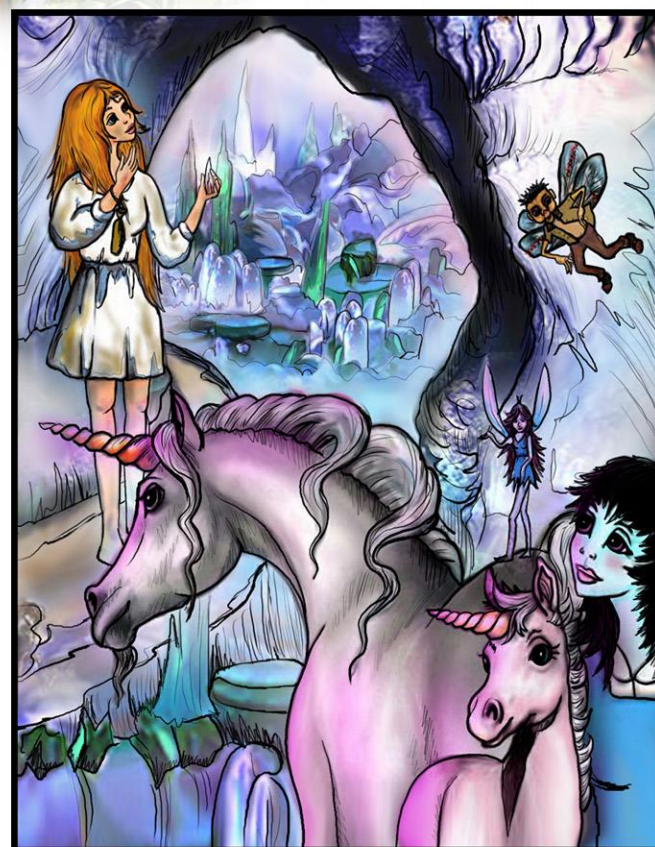


COLOR YOUR OWN PICTURE.
(Attached in BONUS Section)



~ Chapter Seven ~ *Life Is The Dream*

In the final chapter of this first adventure, Jeannie experiences a situation that challenges her to make a decision that will change her life. This personal discovery gives her a new perspective on how she views herself and her future, which empowers her to continue working on her goals and dreams.





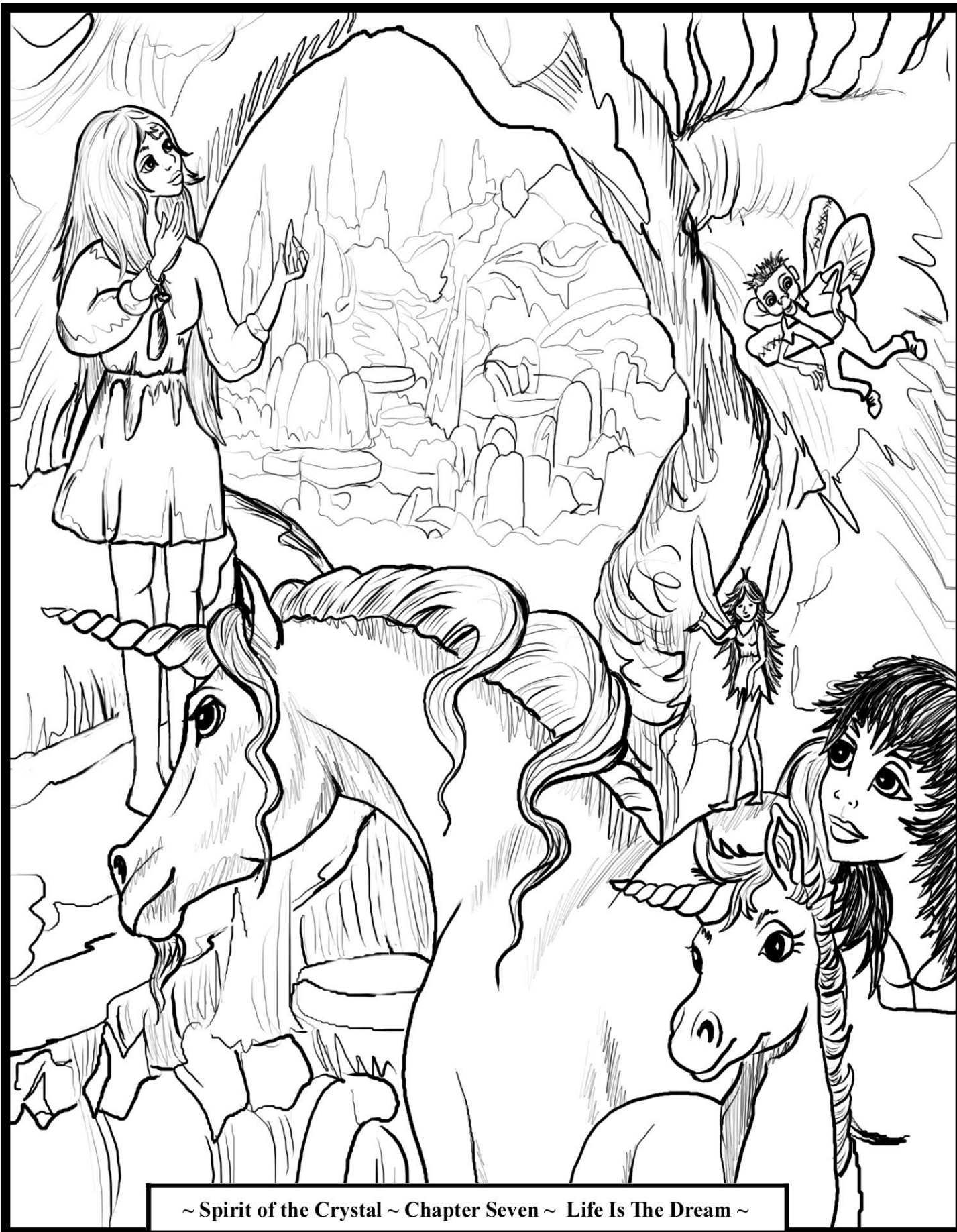




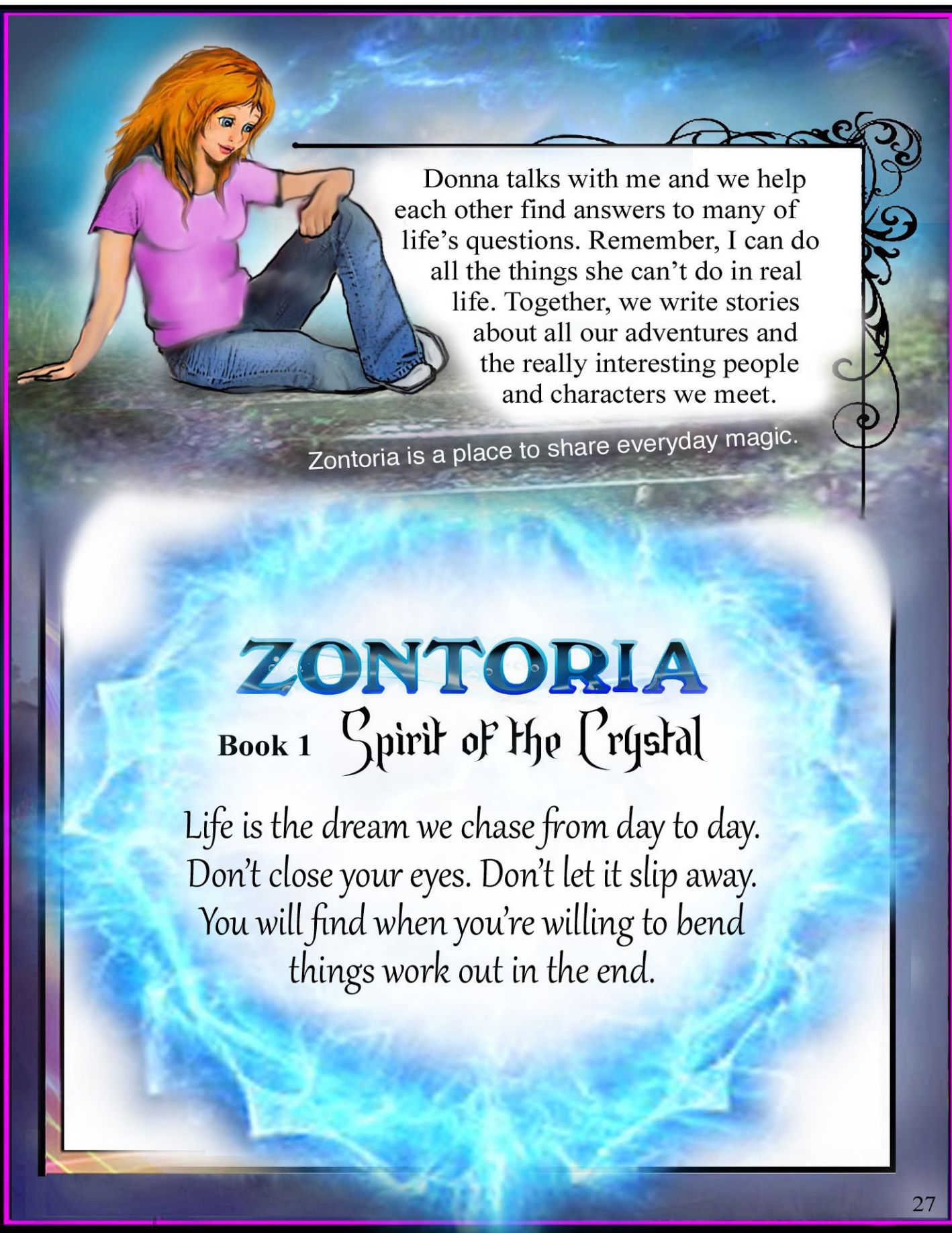
~ Spirit of the Crystal ~ Chapter Five ~ Strong Enough To Bend ~



~ Spirit of the Crystal ~ Chapter Six ~ Lost And Confused ~



~ Spirit of the Crystal ~ Chapter Seven ~ Life Is The Dream ~



Donna talks with me and we help each other find answers to many of life's questions. Remember, I can do all the things she can't do in real life. Together, we write stories about all our adventures and the really interesting people and characters we meet.

Zontoria is a place to share everyday magic.

ZONTORIA

Book 1 Spirit of the Crystal

Life is the dream we chase from day to day.
Don't close your eyes. Don't let it slip away.
You will find when you're willing to bend
things work out in the end.

Author ~ Donna J. Setterlund

This author was searching for magic to make sense of her tumultuous complicated life. Inspiration came in the form of an amazing lady named Margaret, who was Tinker Bell's studio reference model for Disney's film Peter Pan. Tinker Bell took Donna by the hand and sprinkled her with pixie dust, encouraged her to look for the things she didn't know she needed and shared her serendipitous personality. This fortuitous magic ignited the curiosity that led to a lifetime of writing and illustrating stories that Donna now shares with families and children everywhere.

Step through a Portal into a World where

Tinker Bell continues to watch over Donna spreading pixie dust, sharing little bits of serendipity, inspiration, and everyday magic.

Spirit of the Crystal

Jeannie, a frustrated teen leads us past reality, into the most wonderful place imagination could ever experience. A land of horses, fairies, unicorns, castles, new friends, no rules... well almost. It is a place where things are not always as they seem and danger lurks in the darkness. Life is full of surprises and even in a world of her own making, Jeannie's choices directly impact what happens next. Feel the hope and fear as you explore this strange land filled with truths and lies. Cry with her as she overcomes obstacles and faces adversity. Feel the empowerment as she discovers an inner strength and learns new truths. This intriguing world holds a powerful positive energy that touches the heart of each of us, as we find a piece of ourselves in the laughter and the pain. Feel the very soul of humanity as the delightful characters live and talk about all the wonderful, confusing, traumatic, and glorious things of life in a manner that offers hope and understanding.

Zontoria is an amazing adventure with life, where parents and grandparents appreciate the high moral values, practical life lessons, and common sense. It is a land of light and magical realism.

DonnaSetterlund.com